



The Eucharist

1. What does the word *Eucharist* mean?

- Sacrifice
- Thanksgiving
- Bread
- Heavenly

2. Who instituted the Holy Eucharist?

- Jesus's followers
(to remember Him after He died)
- Jesus Christ
- The Apostles
- The Pope

3. Which Old Testament event foreshadows the institution of the Eucharist?

- The blood of the Passover lamb; Jesus is the new sacrificial lamb
- The 10 Commandments; Jesus is the new law
- Noah's Ark; Jesus is the new ark
- The Golden Calf; Jesus is the new golden calf

4. In which Gospel did Jesus say, "I am the living bread that came down from heaven; if any one eats of this bread, he will live forever; . . . he who eats my flesh and drinks my blood has eternal life and . . . abides in me, and I in him."

- Matthew 6
- Luke 6
- John 6
- Mark 6

5. At which point during the Mass does the bread and wine become the body and blood of Jesus?

- During the Gospel
- During the Acclamation: when we sing the Sanctus, "Holy, holy"
- During the consecration
- During Communion

6. Which word means the conversion of the substance of the Eucharistic elements into the body and blood of Christ, leaving only the appearance of bread and wine.

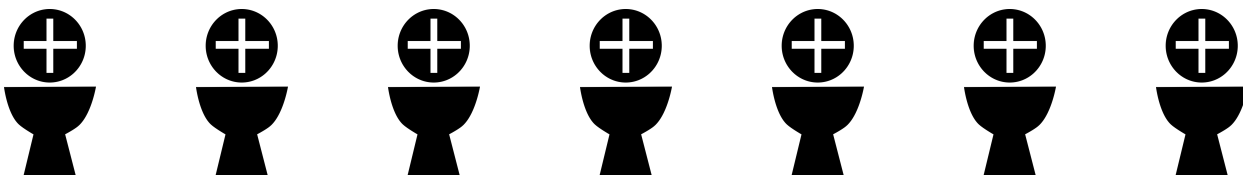
- Transfiguration
- Veneration
- Benediction
- Transubstantiation

7. Which is the correct Catholic teaching on the Eucharist?

- It is a way to remember Christ's victory over death but He is not physically or spiritually present in the bread and wine.
- It is a wonderful way for our Church family to gather and share a meal.
- It *is* Jesus: body, blood, soul & divinity, really and substantially.
- It is not the literal presence of Jesus but He is there in spirit.

8. When Jesus first introduced the Eucharist to His followers, they...

- Told Him it was a difficult teaching to accept and many stopped following Him.
- Immediately believed and spread the news.
- Began weeping and rejoicing.
- Allowed Jesus to wash their feet.



The Eucharist: Answer Key



1. What does the word Eucharist mean?

The Eucharist is a Greek word that means "Thanksgiving".

2. Who instituted the Holy Eucharist?

Jesus Christ

3. Which Old Testament event foreshadows the institution of the Eucharist?

The Passover. Read the story of the Last Supper again and you will notice a key element of the Passover celebration that is missing from the story. THE LAMB. This is because Jesus is the new sacrificial Lamb of God.

4. In which Gospel did Jesus say, "I am the living bread that came down from heaven; if any one eats of this bread, he will live forever; . . . he who eats my flesh and drinks my blood has eternal life and . . . abides in me, and I in him."

John 6 (Have all students look up the verse- John 6:51)

5. At which point during the Mass does the bread and wine become the body and blood of Jesus?

Consecration: The priest offers the Holy Sacrifice *In Persona Christi* (in union with Christ, not simply in place of Christ) and after the words "This is my body," and "This is my blood," the bread and wine are changed into Jesus.

6. Which word means the conversion of the substance of the Eucharistic elements into the body and blood of Christ at consecration, only the appearances of bread and wine still remaining.

Transubstantiation (sets the Eucharist apart from communion in other churches)

7. Which is the correct Catholic teaching on the Eucharist?

Jesus is truly present: body, blood, soul & divinity, in the Eucharist.

8. When Jesus first introduced the Eucharist to His followers, they...

Found it difficult to accept and were divided, "This is a hard saying; who can listen to it?" It is the same mystery and it never ceases to be an occasion of division.